

# NABS

National Association for Benefit Solutions

**Member's Guide to  
Discounts and Services**





# Welcome

Dear Member:

Welcome to ***The National Association for Benefit Solutions (NABS)***!

We look forward to having you as an Association member. And, we look forward to offering you solutions to meet your benefit needs. As part of your membership in the Association, you, as the Association member, will have access to a variety of benefit programs.

Enclosed you will find benefit descriptions and how to access the discounts and services available to you as a NABS Member. While we believe you will be extremely pleased with your overall membership in NABS, we cannot warrant or guarantee the performance of any discount or service.

If you have any questions in regards to your membership or the benefits you have, please call us at **866-696-6112**. Customer Service Reps are available from 8:30AM-5:00PM EST.

Thank you,

**Your National Association for Benefit Solutions Staff**

# Contents

Diabetic Product Packages	4
Vitamins and Nutritional Supplements	4
Financial Help Line	5
Doctors Online	6
Family Consultation Services	7

National Association for Benefit Solutions  
Membership Services Office  
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# VIP Health and Wellness

## Diabetic Product Packages

### **Highlights**

- Many different plans to choose from based on testing requirements. Plans are designed for every day testing.
- Plans are priced from \$29.99/month to \$169.99/month, which is 60% off the average competitors' retail prices.
- Save an additional 15% off on any single order items including test strips, lancets, lancing device, and more.
- Toll-free ordering, regular shipments and convenient home delivery on all diabetic supplies.
- Free shipping on supplies when plan option is selected.

### **Detailed Summary**

VIP Diabetic Plan is a medical program that combines the buying power of thousands of diabetics throughout the U.S.

We proudly feature Glucolab™ Products which are comparable - if not better - than any major brand available.

1. To receive your discount, visit <http://www.VIPDiabeticplan.com> or call The VIP Diabetic Plan toll-free at **866-274-6199**, Monday through Friday, 9 a.m. to 8 p.m. Eastern Time.
2. Identify yourself as a "VIP Health & Wellness Member."
3. A friendly operator will assist you in determining the best package for you and your supplies will be shipped directly to your home.
4. If you ever run low on supplies or need more, call us and we'll offer you additional discounts on all of our products.

# VIP Health and Wellness

## Vitamins and Nutritional Supplements

### **Highlights**

- Toll-free and online shopping with friendly and knowledgeable customer service representatives
- An additional 10% discount on over 12,000 products, sale prices included.
- Choose from brand names you know and trust such as Twinlab, Nature's Way, Carlson's, Country Life and hundreds more.
- All purchases include a 30-day unconditional money-back guarantee.

### **Benefit Details**

1. Call toll-free **888-610-9950**, Monday through Thursday, 8 a.m. to 8 p.m., Friday, 8 a.m. to 5 p.m. and Saturday, 9 a.m. to 2 p.m. Central Time, or go online to [www.vitacost.com](http://www.vitacost.com) to place an order or request a free catalog filled with extensive savings on vitamin and nutritional supplements.
2. You must mention **code UH992** to receive your extra 10% discount savings.
3. Automatic monthly shipments are available for products you need on a regular basis.

National Association for Benefit Solutions is an association-NOT insurance.

# Financial Help Line

## “Money Matters”

### **Highlights**

askAFS’s Financial Help Line’s “MONEY MATTERS” services include a live telephonic counseling helpline and online information and educational resources. Financial Counseling on Demand provides members with a broad array of practical financial counseling services when they have questions and need assistance. Solutions include credit issues, debt, cash flow, eldercare, education funding, budgeting, taxes, savings, retirement and homeownership. Features of the program include:

- Unlimited access to a staff of highly trained, accredited and experienced Financial Counselors
- Initial problem assessment
- Initial problem clarification
- Problem solving options
- Creation of a goal-oriented plan
- Resources and tools for the plan’s solutions and additional education
- Assistance and support in completing the plan
- A Powerful Array of Resources - Online tools, calculators, articles and education
- Referrals for assistance as needed
- Ongoing follow-up and help with additional concerns
- No financial products to sell, independent, no conflict of interest, unbiased

### **Benefit Details**

- To access live accredited counselors, call **800-704-1308** Monday through Friday, 7 a.m. to 9 p.m. Central Time.
- For 24/7 availability of comprehensive online resources go to, [www.Vip-askafs.com](http://www.Vip-askafs.com), click on “enter site.”

*Financial Help Line does not provide investment, legal or tax advice. Counselors do not prepare tax returns.*



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# Doctors Online

## ***Highlights***

- Confidential, online, personal interaction with licensed, board-certified physicians
- Information about illnesses or symptoms
- Assessment of acute symptoms and overall health care
- Provision of a personalized health care plan
- Guidance on treatment for minor illnesses (pink eye, poison ivy, etc.)
- Links to other quality health care resources, including a 3D Health Encyclopedia
- Nutritional and fitness advice

## ***Benefit Details***

1. Go to [www.edocamerica.com](http://www.edocamerica.com) and click on “Register Here” in the upper right hand corner.
2. Go to the Company/Organization Section and select Doctors Online from the drop down menu.
4. Enter your last name and the member number from the front of your membership card.
5. Create a screen name and password, then login.
6. After the initial registration, simply click on Enter eDoc and enter screen name and password, then click on Ask eDoc.
7. Type in a subject, such as Poison Ivy, and then type a question in the message field. A response will be sent within 24 hours.



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# Family Consultation Services

888-575-4200

## *Highlights*

- When members have family care needs or crises – including childcare, adult/eldercare, or care for a person with a disability – they can do their own solution-search on the **My Life Values** work-life website, **and/or** get free, live counselor assistance by calling the toll-free number, 24 hours a day, 7 days a week.
- Members who contact a counselor enjoy the benefits of confidential, personalized consultation plus a customized referral packet containing detailed Provider Profiles, educational notes and guidebooks sent to them within 48 to 72 hours after the initial phone conversation.

## *Benefit Details*

Family Consultation Services helps members balance and handle their work and family responsibilities. Here are examples of situations in which Family Consultation Services can help:

- Finding a nanny, family care home or childcare center for an infant or toddler.
- Identifying after-school programs and summer camps for children.
- Locating care, transportation and housing options for older adults.
- Making transportation arrangements for a disabled elder who is living alone in another state.
- Learning about services and programs for disabled children and adults.
- Finding care for a child or adult with a debilitating disease.

Members with Family Consultation Services report the most useful aspects of the program to be:

- Being able to access online work-life resources at their own computers, at their convenience, **and/or** calling in for one-on-one personalized help from a counselor.
- Talking to a knowledgeable counselor who is genuinely interested in helping with their needs.
- Saving time and legwork because the counselor does all the research.
- Receiving detailed and personalized Provider Profiles that help members compare providers and make timely decisions about what care is best for their family.

To use this service, call toll-free **888-575-4200** to reach a counselor with outstanding educational credentials and professional experience. You may also visit our website at [www.new.mylifevalues.com](http://www.new.mylifevalues.com). Please enter **MEMBERONLY** for the username and **VIP** for the password.



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